

The 33rd Junior Yacht International Goodwill Tokyo Regatta Miki House Cup Tokyo 2023

Sailing Instructions (SI)

This regatta will be conducted via the Regatta LINE Open Chat system as a way to contact competitors.

Please participate in the following Miki House Cup 2023 LINE Open Chat.

Minimum 1 person per boat is requested to participate.



URL: <https://bit.ly/3kiFWsj>

- Participants of the regatta are requested to participate in LINE Open Chat at least one week before the regatta day.
- LINE Open Chat will be used for the contact method of the notice from Organizing Authority and Race Committee to participants of the regatta or Check-out/Check-in.
- Profile Name for LINE Open Chat will be Sail Number +Full Name for competitor and Club Name +Full Name for supporter.(Example: Competitor as JPN1_Kanto Taro, Supporter as Enoshima Goro)
- Please refrain from question or inquiry through LINE.(Posted text will be deleted.)

1. Rules

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024 (hereafter as RRS).

1.2 Appendix T will apply. A boat that has fulfilled "A Post-Race Penalty" is recorded as "ARB".
This changes RRS A10.

1.3 The notation **【SP】** **【NP】** in all rules of this regatta means the followings.

1.3.1 **【SP】** means that Protest committee may apply standard penalty without hearing.

In this case, Race committee may protest and, in such case, Protest committee may decide penalty at their discretion through hearing.

1.3.2 **【NP】** means that breach of the rule as defined **【NP】** will not be ground for a protest by a boat
This changes RRS60.1(a).

1.4 If there is a conflict between languages, the English text will take precedence.

2. Changes of Sailing Instructions

Any change to Sailing Instructions (hereafter as Instructions) will be made via "Regatta LINE Opne Chat" before 08:30 on the day it will take effect.

3. Communications

3.1 Official notice board will be available only through Regatta Website.

URL of official notice board: <https://bit.ly/3onaPkE>

3.2 Communication with competitor

Notices to competitors will be made via " Regatta LINE Open Chat "as far as possible in order to keep social distance with each other.(We will not allow the post via LINE Open Chat from competitors and supporters.)

3.3 Race committee will make notice to competitors at sea via VHF radio. VHF channel will be 72ch.

3.4 Except in an emergency or except in the case that equipment provided by Race committee is used, a boat shall neither make radio transmissions while racing nor receiving radio communications not available to all boats. This restriction also applies to mobile telephones.

4. Signals made ashore

4.1 Signals made ashore will be displayed at the flagpole of the race office (for Racing Area A) or at the flagpole provided nearby the waiting area (for Racing Area B).

4.2 **【DP】** D flag with one sound means that The warning signal in Racing Area A will be made not less than 30 minutes after D flag is displayed and that The warning signal in Racing Area B will be made not less than 10 minutes after D flag is displayed.

Boats may leave the shore, however any boat shall not be moved from the designated place on the shore until this signal is made.

4-3 When D flag is displayed above the class flag in Racing Area A, D flag will be applied for that class only.

This changes RRS Race Signals.

5. Schedule of regatta and races

5.1 Schedule of regatta on May 29th (Sunday)

07:30 Harbor Gate open

08:30 Opening ceremony

15:20 Lecture "What is Good Coaching for Junior Sailing?"

"Coaching through active practices awakens the idea of learning and independence of the junior sailors!"

Instructor: Mr. Satoru Yamamoto, Executive Instructor of JSAF Junior Sailing Seamanship Academy

Target Audience: Parents, Coaches, Club representatives

16:00 Prize giving ceremony

17:00 Regatta will be closed.

5.2 Schedule of races

Racing Area A

09:25 The time of the warning signal for No.1 Race of International 420 Class.

09:30 The time of the warning signal for No.1 Race of ILCA4

09:35 The time of the warning signal for No.1 Race of OP Advanced class

※The warning signal for the second race and the subsequent race will be made soon after the completion of the previous race.

※The race committee intends to make five (5) races for each class.

※When the following race is intended to be held, the race committee signal boat will display orange flag of the starting line with one sound to alert the boats at least 5 minutes before the warning signal is displayed.

※No warning signal will be made after 14:05.

Racing Area B

09:25 The time of the warning signal for No.1 Race of OP Beginners' class

※The race method will be explained by the race committee after the opening ceremony in the morning.

※The race committee intends to make races as many as possible.

※No warning signal will be made after 14:35.

5.3 Boats of OP Beginners' class are required to attach the ribbon provided by organizing authorities at the mast top.

6. The warning signal flag and Class flag.

6.1 The warning signal flag in Racing Area A will be yellow flag.

6.2 Class flags are as follows.

Racing Area A: OP Advanced class	OP class flag (Black on a white background)
International 420 Class	International 420 Class flag
ILCA4	ILCA4 flag
Racing Area B: OP Beginners' class	OP class flag (Red on a white background)

6.3 Class flags in Racing Area A will be displayed before the warning signal. This changes RRS26.

7. Racing Areas

Diagram-1 shows the location of Racing Areas.

8. The courses

8.1 The courses of Diagram-2 show the course to be sailed which includes approximate angles between the legs, the sequence of the rounding marks and the side of rounding each mark.

8.2 In Racing Area B, the race committee may instruct to change the course to be sailed depending on the weather, sea conditions and the situation of race progress. In such case, the race committee will explain to competitors on shore.

8.3 No later than the warning signal, the race committee signal boat in Racing Area A will display the approximate compass bearing of the first leg.

9. Marks

9.1 Marks or Gate Marks concerned will be as follows.

	Racing Area A	Racing Area B
Marks 1,2,3s,3p,4	Pink conical buoys	Mark 1 yellow slender cylindrical buoy
New Mark	Green conical buoy	None
Starting Line Mark	The race committee boat Yellow slender cylindrical buoy	The race committee boat The pole displayed with orange flag
Inflatable Finishing Line Mark	The race committee boat Yellow slender cylindrical buoy	The race committee boat Yellow slender cylindrical buoy

9.2 Starting Mark and Finishing Mark are Race committee boat or Inflatable buoy.

10. The Start

10.1 The starting line will be between the staff displaying the orange flag or the orange banner of the race committee signal boat at the one end and yellow cylindrical inflated buoy of the other side end (In racing Area B, pole with orange flag) on the course side.

10.2 **【DP】 【NP】** Boats whose warning signal have not been made shall keep away from the starting area outside of the course during the starting sequence. Such avoiding area will be 100 meters from the starting line.

10.3 A boat starting later than 4 minutes after her starting signal will be scored **DNS** (Did Not Start) without hearing.

This changes Appendix A5.1 and A5.2.

10.4 In Racing Area B, Official boats may guide competitors during starting.

11. Changing the next leg of the course and the Mark

11.1 To change the next leg of the course in Racing Area A, the race committee will (a) lay a new mark, (b) move the finishing line or (c) move the leeward mark and remove the original mark as soon as possible. In case of the next change of this new mark, this mark will be replaced with the original

mark.

11.2 In Racing Area B, no change of the leg of the course will be made after the preparatory signal.
This changes RRS 33.

12. The Finish

The finishing line will be as follows.

The finishing line will be between the staff displaying a blue flag on the race committee boat as the finishing mark at the one end and the finishing mark at the other side end on the course side.

13. Penalty

13.1 RRS44.3 “Scoring Penalty “will apply.

13.2 Appendix P will apply.

13.3 Appendix P2.3 will not apply and Appendix P2.2 is changed so that it will apply to any penalty after the second one.

14. Time limit and target time

14.1 Time limit of Mark 1, Race time limit (Refer to RRS35) and Finish Window are as follows.

14.2 If no boat has passed Mark 1 within Mark 1 time limit, the race will be abandoned.

Class	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
OP Advanced Class	75 Minutes	25 Minutes	15Minutes	40 Minutes
OP Beginners' Class	40 Minutes	20 Minutes	10Minutes	20 Minutes
International 420 Class	70 Minutes	25 Minutes	10Minutes	30 Minutes
ILCA4	75 Minutes	25 Minutes	10Minutes	35 Minutes

14.3 Finish Window means the time when the first boat of each class who sailed the course and finished.

A boat who cannot finish within Finish Window and did not retire after the finish, was not penalized, or was not given redress will be scored as the time limit exceeded (TLE) without hearing.

A boat that became TLE shall be scored as the score of the last boat that finished within Finish Window plus [1] or [2]. This changes RRS35, Appendix A5.1, A5.2 and A10.

14.4 Failure to meet the target time will not be the ground for redress. This changes RRS62.1(a).

15. Hearing Requests

15.1 Protests and requests for redress or reopening shall be delivered with ON LINE Form in the following web site “[Hearing Request \(抗議書 \(審問リクエスト\) フォーム\)](#)” within the appropriate protest time limit

- 15.2 The time limit of protest will be 40 minutes after the time when the last boat of each class has finished the last race of the day or the race committee has signaled that there would have no more race on that day, whichever is later.
- 15.3 The protest committee will notify to competitors to inform the hearings in which they are parties or named as witnesses within 15 minutes after the time limit of protest. Hearing will start from the notified time in the separated space of race committee office.
- 15.4 The protests from the race committee, the technical committee or the protest committee will be notified based on RRS61.1(b).
- 15.5 A list of boats that penalized for breaking RRS 42 will be notified.
- 15.6 Penalties to breach of the regatta measurement rules, class rules, Nor or SI marked as **【DP】** **【SP】** may be decided at the discretion of the protest committee.
If a boat fill the following web site ” [Penalty reports ペナルティー報告](#)” as a boat declare himself/herself the breach and submit before the hearing of this breach, a boat may follow the basic principles of Sportsmanship stipulated in “Sportsmanship and Rules”.
- 15.7 Breaches of RRS marked as **【SP】** will be applied the standard penalty by the protest committee without hearing. The guideline of the penalty associated with these breaches will be displayed on the official notice board. The race committee may protest against a boat if the race committee consider that this penalty is not appropriate.
This changes RRS60.1, 63.1 and Appendix A5.
- 15.8 Breaches of RRS marked as **【NP】** will not be the grounds for a protest by a boat.
This changes RRS60.1(a).
- 15.9 On the last day of race, a request for reopening a hearing shall be delivered within the following time limit
- a) If the requesting party was notified the decision on the day before, it shall be delivered within the protest time limit.
 - b) If the requesting party was notified the decision on the day, it shall be delivered within 30 minutes after the notification.
- This changes RRS66.
- 15.10 On the last day of race, a request for redress based on the decision made by the protest committee shall be delivered no later than 30 minutes after the display of the decision.
This changes RRS62.2

16. Scoring

- 16.1 At least 1 race is required to be completed to constitute this regatta.
- 16.2 If a boat considers that there may be the mistake in the scores or the series results, a boat may submit the following web site ON LINE Form, “[Scoring Inquiry \(成績照会のフォーム\)](#)” to the race committee and request the correction of the scores or the series results.
- 16.3 Series score of a boat will be the total score of all races. This changes Appendix A2.

16.4 Appendix A5.3 will apply.

17. 【DP】 【NP】 Safety Regulations

17.1 Racing Area B

17.1.1 A boat in Racing Area B is required to put a recognizable colour ribbon of each division at the peak of the split which will be distributed at the time of the registration.

17.1.2 Check-out and Check-in

(a) Skipper who intends to participate in race shall sign on the “Check-out form” at the regatta office. When he/she returned the harbor and depart again, he/she shall sign again on the “Check-out form”.

(b) Skipper who returned the harbor, he/she shall sign on the “Check-in form” at the regatta office. The Check-in form will be prepared until 45 minutes after the end of the last race. However, the race committee may extend the time limit at the discretion of the race committee.

17.1.3 A boat who retired at sea shall notify the intention of the retire to the race committee boat before a boat leaves Racing Area as much as possible and shall sign on the “Retire report form” after a boat returned the harbor as soon as possible.

17.2 Racing Area A

17.2.1 Check-out, Check-in, DNC report and Retire report will be made ON LINE.

17.2.2 【SP】 Check-out and Check-in

Race committee will post up every application form to Regatta LINE Open Chat every day.

17.2.3 Competitors who will participate in race shall select the sail number from “Check-out Form” and send it 40 minutes before the warning signal of the day.

17.2.4 Skipper who returned the harbour shall select the sail number from “Check-in Form” and send it within 60 minutes as earliest as possible(at the earliest opportunity), after the end of the last race or the race committee made the signals that no more race will be made, whichever is later.

17.2.5 A boat who retired at sea shall notify the intention to the race committee boat before a boat leaves Racing Area as much as possible and shall sign on the “Retire report form” after a boat returned the harbor as soon as possible.

17.2.6 A boat who returned once to the harbour or made the procedure of the retire report want to participate race again (depart the harbour), this competitor shall select sail number and the Check-out from “Retire Report Form” and send it

17.3 Boats who are not in race shall keep away from boats in race.

17.4 When the race committee display the flag F, all race committee boats and support boats shall rescue boats in danger as much as possible.

18. Change of competitors and Replacement of equipment

18.1 【DP】 Change of competitors shall not be allowed except written prior approval by the race committee.

18.2 【DP】 Replacement of equipment damaged or lost shall not allowed except written approval by the race committee. The request for replacement shall be made to that committee at the earliest opportunity (However, it may be made after the end of race).

19. Measurement and Inspection of equipment

19.1 There will be the case to carry the measurement or inspection at any time during the regatta in order to confirm whether a boat or equipment agrees with the class rules, Notice of Race or Sailing Instructions.

19.2 【DP】 When a boat is instructed by the race official at sea, a boat shall go to the designated are for the inspection.

20.Official boats

20.1 Official boats are identified as follows.

- The Race committee signal boat “ JJYU” flag
- The Race committee boat “RC” flag
- The Rescue boat “RESCUE” flag
- The Protest committee boat “JURY” flag
- The Transport boat “RC” flag

21. 【DP】 Support Team

21.1 Team leaders, coaches and other supporters shall keep away outside of area where boats are in race from the time of the preparatory signal for the first race of the first class to start until all boats have finished, retire or the race committee signals a postponement, general recall or abandonment.

21.2 Support boats that depart from Hayama Port shall made Check-out/in at the regatta office.

22.Trash Disposal

22.1 Trash may be placed aboard official boats or support boats.

23.Mooring

23.1 【DP】 Boats shall be kept on the designated place while boats are at the boats storage in the harbor.

24.Risk Statements

RRS 3 states, ‘The responsibility for a boat’s decision to participate in a race or to continue racing is

hers alone.'

By participating in the regatta, each sailor agrees and acknowledges that sailing is an activity with inherent risks and potential danger. These risks include high winds, rough seas, sudden changes in weather conditions, equipment failure, mishandling in boat maneuvering, inexperienced maneuvering of other boats, unbalanced and unstable footing in a boat and increased risk of injury due to fatigue. Unique to the sport of sailing is the risk of serious disability that never disappears and death from drowning, psychological trauma, hypothermia and other causes.