

# **No.35th Junior Yacht International Goodwill Tokyo Regatta Miki House Cup Tokyo 2025**

## **Sailing Instructions (SI)**

The notation '[DP]' in the SI means that the penalty for a breach of that rule may be less than disqualification at the discretion of the protest committee.

The notation '[NP]' in the SI means that a violation of this rule is not grounds for protest by a boat. This changes Rule 60.1(a).

The notation '[SP]' in the SI means a rule that allows the race committee to apply standard penalties without a hearing. The race committee may also protest, in which case the penalty will be decided at the protest committee's discretion after a hearing.

### **1. Rules**

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2025-2028 (hereafter as RRS).

1.2 If there is a conflict between languages, the English text will take precedence.

### **2. Changes of Sailing Instructions**

Any change to Sailing Instructions (hereafter as SI) will be posted on the official notice board at least 60 minutes before the first warning signal for the race of such class on the day it will take effect.

However, any changes to the schedule of the races will be posted before 18:00 on the previous day when it will take place.

### **3. Communication with competitors**

3.1 Notice to competitors will be posted on the official notice board beside the race office.

3.2 Information will be provided to competitors and supporters via LINE Open Chat.

However, this development is for reference only and everyone is requested to check the official notice board for official information.

Regatta Open Chat (Miki house Cup Tokyo 2025)



[https://line.me/ti/g2/\\_BDEr6b60sGXqCr2WAe6RNHH\\_RuFO-ORu5RIOg?utm\\_source=invitation&utm\\_medium=link\\_copy&utm\\_campaign=default](https://line.me/ti/g2/_BDEr6b60sGXqCr2WAe6RNHH_RuFO-ORu5RIOg?utm_source=invitation&utm_medium=link_copy&utm_campaign=default)

3.3 Participants of the regatta are requested to participate in LINE by the day before the regatta.

3.4 Profile Name for LINE will be Sail Number/Full Name for competitor and Club Name/Full Name for supporter.

(Example: Competitor as JPN 1/Taro Kanto, Supporter as Wakasu Junior/Jiro Kanagawa)

3.5 We will not accept questions via LINE Open Chat from competitors and supporters. ( post will be deleted.)

3.6 [DP] Except in an emergency or using equipment provided by race committee, a boat must not Make radio transmissions while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

#### 4 . Code of Conduct

[DP] Competitors and supporters must comply with reasonable requests from the race committee.

#### 5. Signals made ashore

5 .1 Signals made ashore will be displayed at the flagpole of the race office (for Racing Area A) or at the flagpole provided nearby the waiting area (for Racing Area B).

6 .2 【DP】 D flag with one sound means that The warning signal in Racing Area A will be made not less than 30 minutes after D flag is displayed and that The warning signal in Racing Area B will be made not less than 10 minutes after D flag is displayed.

Boats may leave the shore, however any boat shall not be moved from the designated place on the shore until this signal is made.

5-3 When D flag is displayed above the class flag in Racing Area A, D flag will be applied for that class only.

#### 6. Schedule of regatta and races

##### 6.1 Schedule of regatta

September 6th (Saturday)

07:30 Harbor gate open

08:00 ~ 08:20 Registration

08:30 ~ 08:40 Opening ceremony

08:40 ~ 09:00 Briefing of Regatta management(Competitors, Coaches and Parents)

16:00 ~17:30 Friendly Exchange Meeting

September 7th (Sunday)

16:00 ~ 17:30 Closing ceremony (Prize giving ceremony)

## 6.2 Schedule of races

The First Day: September 6th (Saturday)

Racing Area A

09:25 The time of the warning signal for No.1 Race for OP Advanced Class.

※The warning signal for the second race and the subsequent race will be made soon after the completion of the previous race.

Racing Area B

09:25 The time of the warning signal for No.1 Race for OP Beginners' class

※The race method will be explained by the race committee in the morning of the day.

The second day: September 7th (Sunday)

Racing Area A

09:25 The time of the warning signal for No.1 Race of the day for OP Advanced class.

※The warning signal for the second race and the subsequent race will be made soon after the completion of the previous race.

Racing Area B

09:25 The time of the warning signal for No.1 Race for OP Beginners' class

※The race method will be explained by the race committee in the morning of the day.

6.3 In Racing Area A, the race committee intends to make seven (7) races *during* two days.

On September 6th(Saturday), the race committee will make maximum five(5) races in each class.

However, in case the intended races are not able to make because of the weather or other reasons, the intended races will be made on next day.

In Racing Area B, the race committee intends to make as many races as possible.

6.4 On September 7th(Sunday), No warning signal will be made after 13:05 in Racing Area A and 13:35 in Racing Area B.

6.5 In Racing Area, when the following race is intended to be held, the race committee signal boat will display orange flag of the starting line with one sound to alert the boats at least 5 minutes before the warning signal is displayed.

## 7. Class flags

Class flags are as follows.

Racing Area A:

OP Advanced class

OP class flag (Black)

Racing Area B:

OP Beginners' class

OP class flag ( Red)

## 8. Racing Areas

Appendix A will show Racing Areas.

## 9. The courses

9.1 The courses in Appendix B shows the course to be sailed which includes approximate angles between the legs, the sequence of the rounding marks and the side of rounding each mark.

9.2 In Racing Area B, the course to be sailed will be changed depending on the weather conditions or the progress of the race. In that case, the explanation will be given on land.

9.3 No later than the warning signal, the race committee signal boat in Racing Area A will display the approximate compass bearing of the first leg.

## 10. Marks

Mark or associated gate mark are as follows.

	Racing area A	Racing area B
Mark 1,2,3s,3p	Yellow cylindrical	Yellow slender cylindrical
New Mark	Red cone	none
Starting Marks	Race committee boat Race committee boat	Race committee boat Green cylindrical
Finishing Marks	Race committee boat Green slender cylindrical	Race committee boat Green cylindrical

## 11. The Start

11.1 The starting line will be between the pole displaying the orange flag and the starting mark of the other side end on the course side.

11.2 **【DP】 【NP】** Boats whose warning signal have not been made shall keep away from the starting area outside of the course during the starting sequence. Such avoiding area will be 100 meters from the starting line.

11.3 A boat starting later than 4 minutes after her starting signal will be scored **DNS** (Did Not Start). This changes Appendix A5.1 and A5.2.

11.4 In Racing Area B, Official boats may guide competitors during starting.

## 12. Changing the next leg of the course

12.1 To change the next leg of the course in Racing Area A, the race committee will (a) lay a new mark,

(b) move the finishing line or (c) move the leeward mark and remove the original mark as soon as possible. In case of the next change of this new mark, this mark will be replaced with the original mark.

12.2 In Racing Area B, no change of the leg of the course will be made after the preparatory signal.

This changes RRS 33.

### 13. The Finish

13.1 In Racing Area A, the finishing line will be between the pole displaying a blue flag on the finishing mark at the starboard end and the finishing mark at the port end on the course side.

13.2 In Racing Area B, the finishing line will be explained on the day of the race.

### 14. Penalty

14.1 Appendix P will apply.

14.2 Appendix P2.3 will not apply and Appendix P2.2 is changed so that it will apply to any penalty after the second one.

### 15. Time limit and target time

15.1 Time limit of Mark 1, Race time limit (Refer to RRS35) and Finish Window are as follows.

<b>Class</b>	<b>Time Limit</b>	<b>Mark 1 Time Limit</b>	<b>Finish Window</b>	<b>Target Time</b>
OP Advanced Class	75 Minutes	25 Minutes	15Minutes	40 Minutes
OP Beginners' Class	20 Minutes	10 Minutes	10Minutes	15 Minutes

15.2 If no boat has passed Mark 1 within Mark 1 time limit, the race will be abandoned.

Failure to meet the target time will not be the ground for redress.

This changes RRS 61.

15.3 Finishing window is the time for boats to finish after the first boat of each class has sailed the course.

A boat that starts but fails to sail the course within the Finishing window and does not subsequently retire, be penalized, or be given redress will be scored as "Did Not Finish" (DNF) without a hearing.

This changes RRS 35, Appendix A4, A5.1 and A5.2.

### 16. Shortening or abandonment after the start

The race committee may shorten the course or abandon the race based on RR 32 and in addition to the above reason, if they consider that the race will not complete within the above SI 15.1, the race time limits.

This changes RRS 32.1.

### 17. Requests for hearing

17.1 The protest time limit will be 60 minutes after the time when the last boat has finished the last race of the day or the time when the race committee has signaled that there would have no more race on that day, whichever is later. The time will be posted on the official notice board.

However, the protest committee may extend the protest time limit at their discretion.

17.2 Hearing request form are available at the race office.

17.3 Notice of hearings to competitors in which they are parties or named as witnesses will be posted on the official notice board within 20 minutes after the protest time limit in order to let them know about hearings.

Hearings will be held in the protest room located on the 2nd floor of the club house as from the time noticed.

17.4 A list of boats that, under Appendix P have been penalized for breaking RRS 42 will be posted on the official notice board..

17.5 A request for redress based on the decision made by the protest committee shall be delivered within 15 minutes after the display of the decision on the official notice board on the last day of the race. This changes RRS 61.2(b)(2)

## 18. Scoring

18.1 At least 1 race is required to be completed to constitute this regatta.

Even if no race is completed due to weather condition and other reasons, any extended race will not be held.

18.2 In Racing Area A, When less than 6 races are completed, a boat's series score will be the total of her all race scores.

18.3 In Racing Area A, When more than 6 races are completed, a boat's series score will be the total her race scores excluding her worst score.

18.4 In Racing Area B, a boat's series score will be the total of her all race scores.

18.5 Scoring for Team Race competition will be made in accordance with Notice of Race.

## 19. [NP] Safety regulations

19.1 **【DP】 【SP】** Competitors must not leave the harbor until they have signed check-out form.

Check-out form will be available at the race office 70 minutes before the warning signal.

19.2 **【DP】 【SP】** A check-in shall be done at the regatta office no later than 60 minutes after the final race of the day completed or the race committee signals that no more race will be made, whichever is later.

19.3 When boats returned because of the abandonment or the postponement of the race, the check-in shall be made.

When boats will leave the harbor for the races for the resumption of the race which was abandoned or postponed, the check-out shall be made in accordance with SI 19.1.

19.4 The race committee may rescue a competitor when they judge the rescue is necessary regardless

of the competitor's wishes. This will not be ground for a request for redress by a boat.

This changes rule 61.4.

19.5 A boat who would retire from a race and a boat who would leave the racing area shall notify his/her intension to a nearest race committee boat as much as possible and shall submit the retirement form at the race office after he/she returned the harbor.

19.6 Every Optimist Dinghy Beginners' Class boat is requested to put "the recognizable ribbon" distributed by the race committee at the peak of the sprit.

19.7 When the race committee boat displays the green flag, all race committee boats and support boats must rescue ay boat in danger as quickly as possible.

## 20. Crew changes and Replacement of equipment

20.1 【DP】 Substitution of competitors is not permitted without prior written approval from the race committee.

20.2 【DP】 A boat who would substitute any damaged or lost equipment shall not be approved without written approval from the technical committee. Such request for substitution must be made to the committee at the first reasonable opportunity(whichi may be after the race).

## 21. Equipment checks and measurement

A boat or equipment may be inspected at any time for compliance with the class rules, NOTCE of RACE and Sailing Instructions.

## 22. Official boats

An Official boat of the race committee will be identified as follows.

The race committee signal boat	' JJYU' flag
The race committee boat	'RC' flag
A rescue boat	'RESCUE' flag
A protest committee boat	'JURY' flag
A transport boat	'RC' flag

## 23. 【DP】 Support boats

23.1 A support boat shall obtain the approval from the organizing committee delivering a designated application form in accordance with NOTICE of RACE at the time of the registration.

23.2 A support boat shall display the green colour flag lent by the race committee at the time of the registration, but the flag pole shall be prepared by each club.

23.3 The number of the crew onboard a support boat is required to be less than a half of her capacity in preparation for the rescue operation.

23.4 A support boat shall keep away from the racing area from the time of the warning signal for the first race of the first class to start until all boats have finished. .

23.5 A support boat may supply any foods and drink for the competitors outside the racing area after the boat finishes and before the next warning signal if the race will be made continuously.

However, unless the race committee requests to do so, a support boat shall not supply/receive any other materials to/from the competitors and shall not give any assistance such as towing a boat.

23.6 A support boat may be requested to help rescue activities and, in such case, the race committee signal boat will display the green color flag with the consecutive short sounds. In this case, S.I.23.4 and 23.5 will not apply. This changes RRS37.

23.7 A support boat is requested to sign check-in/out form at the race office.

#### 24. Trash disposal

Trash may be placed aboard official boats and support boats.

#### 25. Mooring

**【DP】** Boats must be stored in a designated location while in the (boatyard))harbor).

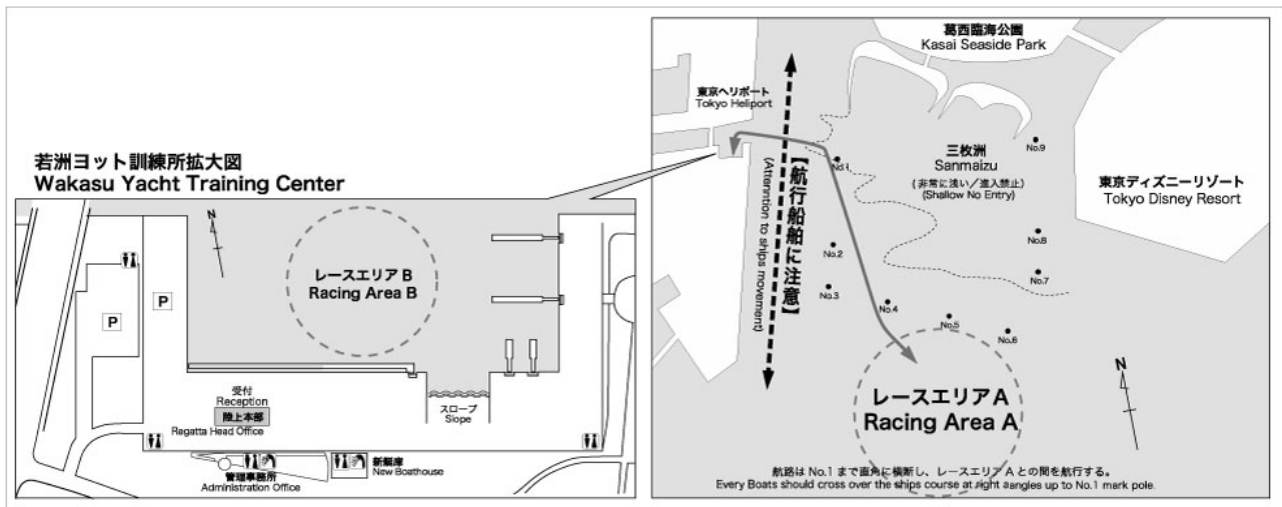
#### 26. Risk Statement

Rule 3 states, "The boat is solely responsible for deciding whether to participate in the race or continue the racing. "Participation in the competition means each sailor agrees and acknowledges that sailing has inherent risks and is a potentially dangerous behavior. These risks include strong winds, rough seas and sudden modifies in weather. The risks inherent in sailing sports are the risk of serious injury that will last a lifetime or death caused by drowning, trauma, hypothermia and other causes.



## Appendix A レースエリア

## Appendix A RACING AREA



Appendix B-2-1-1O1: Start⇒1⇒2⇒3s/3p⇒Finish

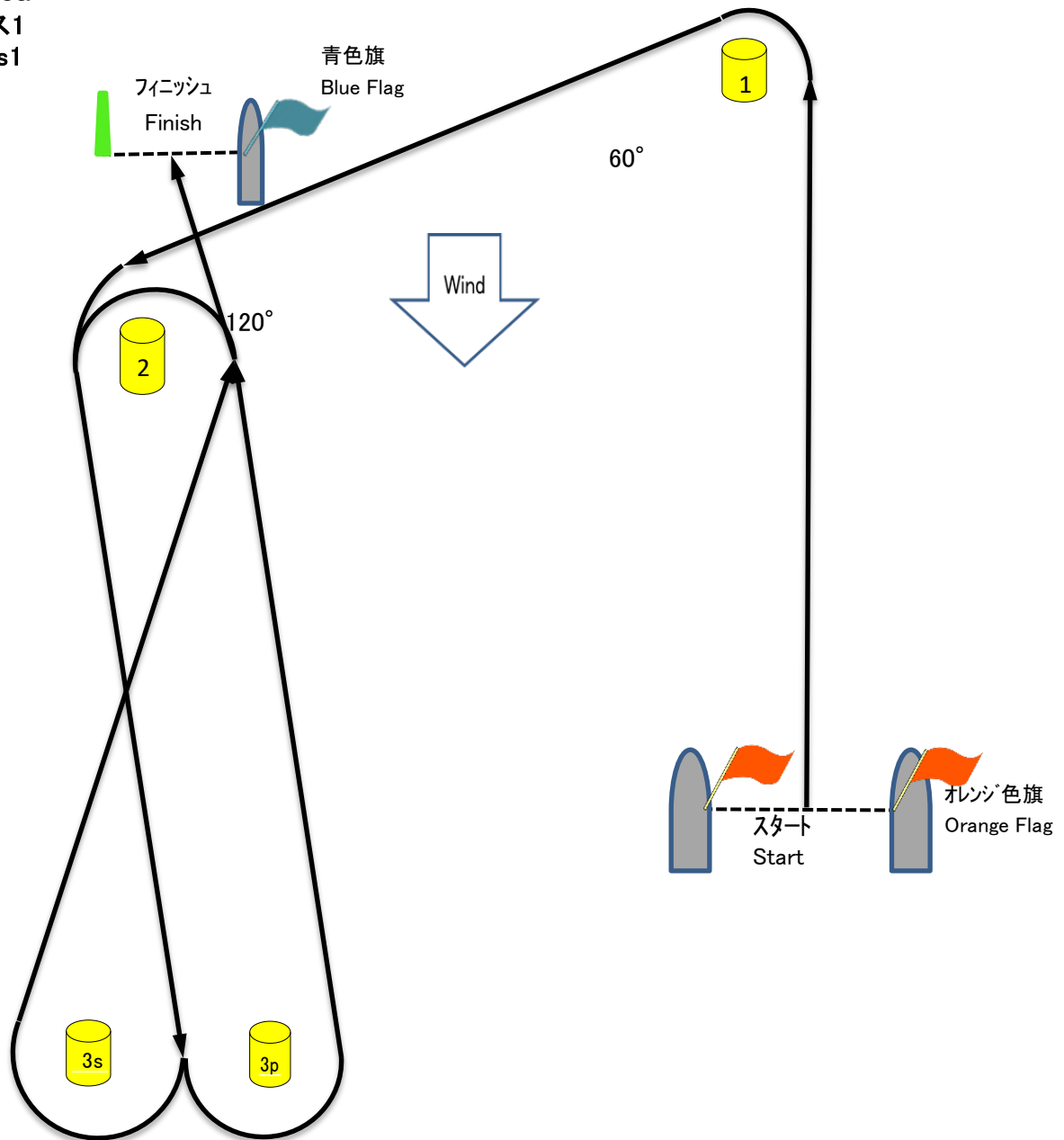
OP級(上級)OP Advanced Class

A海面

A area

コース1

Cours1



Appendix B-2-1-2

LR2: Start⇒1⇒2s/2p⇒1⇒2p⇒Finish

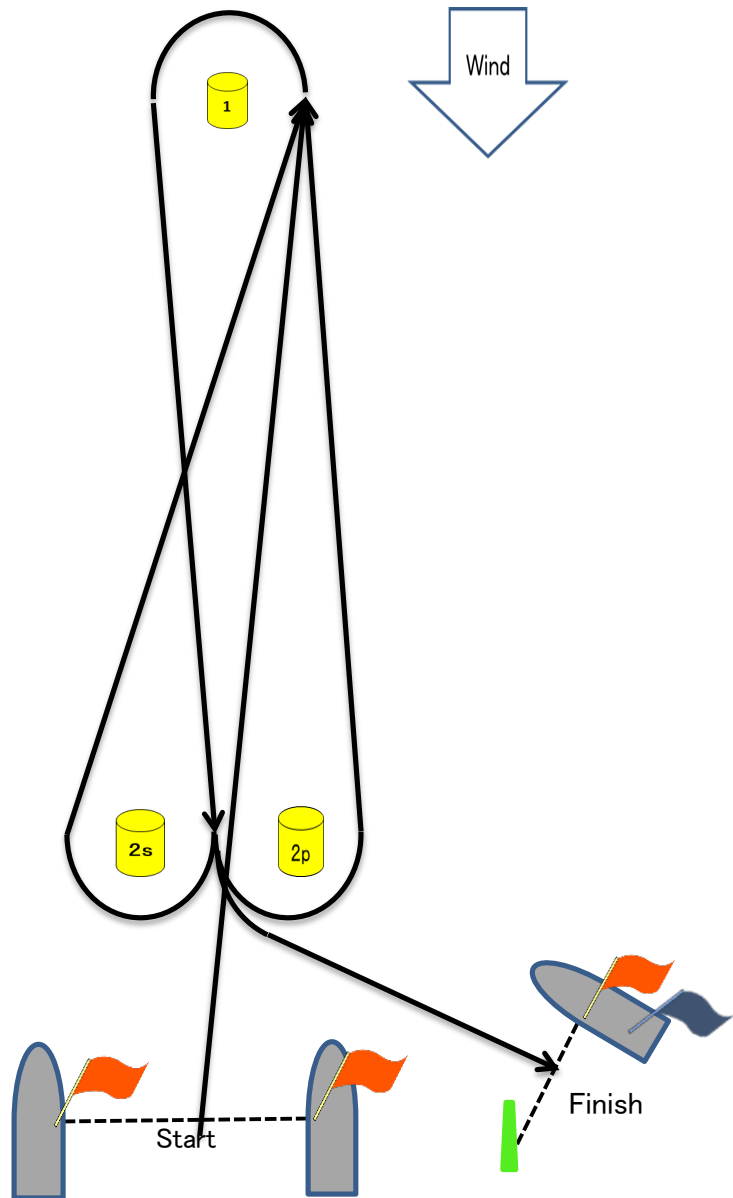
OP級(上級) OP Advanced Class

A海面

A area

コース2

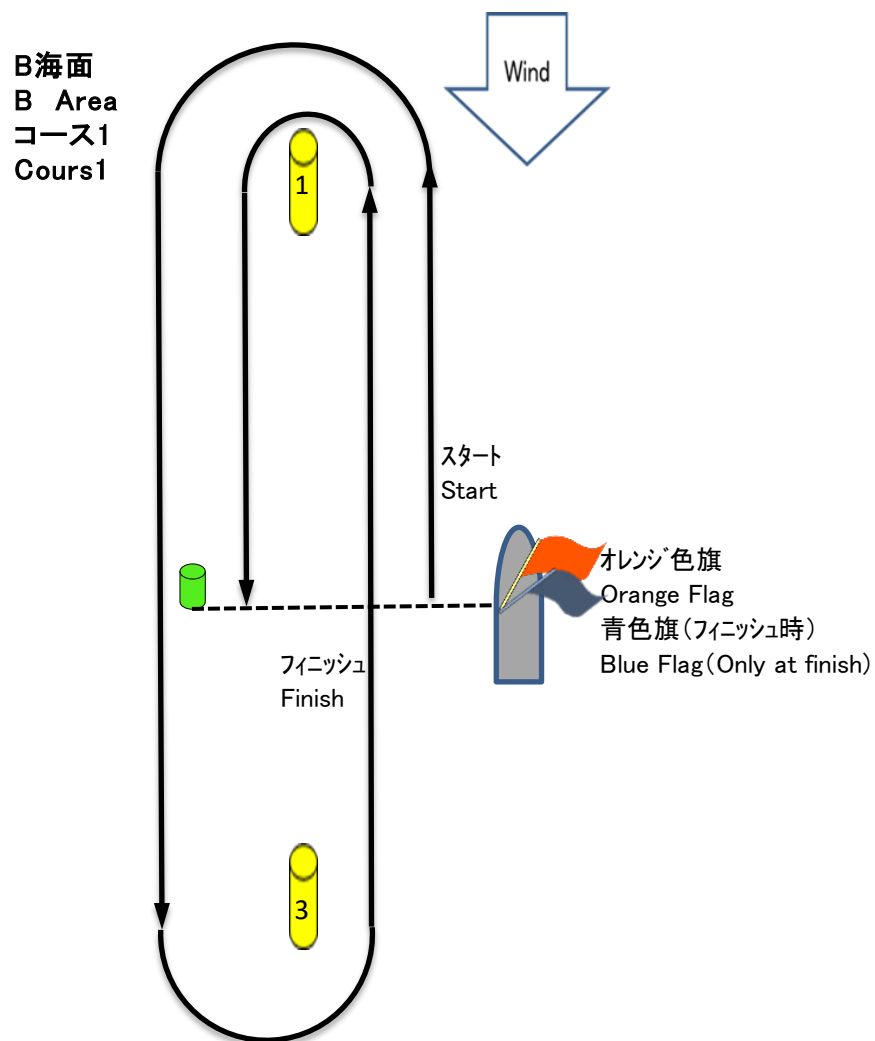
Cours2



B海面 B Area

Start⇒1⇒3⇒1⇒Finish

OP級(初級)OP Beginners' Class



B海面 B Area

Start⇒1⇒2⇒3⇒1⇒3⇒Finish

OP級(初級)OP Beginners' Class

